

DISINTEGRATING FORCE AND TABLET PROPERTIES

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ABSTRACT

The development of a disintegrating force inside the tablet due to the liquid/solid contact depends on a proper wetting of the material and occur according to saturation kinetics.

The aim of the present work is the evaluation of such a force development in relation to the characteristics of the tablet in particular to the compression force.

For this purpose,the disintegrating force of different tablets formulations has been measured by means of a previously described apparatus.

The results obtained show that a new evaluation of a compact disintegration characteristics may be obtained through the determination of such parameters as

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the maximum force developed ( $y_0$ ) and the time of the half maximum force development (b).

### INTRODUCTION

The disintegration of a compressed tablet into granules or individual particles is a rate limiting step for the dissolution of drugs. Therefore a rapid disintegration process is the prerequisite for a good bioavailability.

For this purpose, it is necessary that the liquid penetration into the tablet activates the development of a force capable of separating the particles.

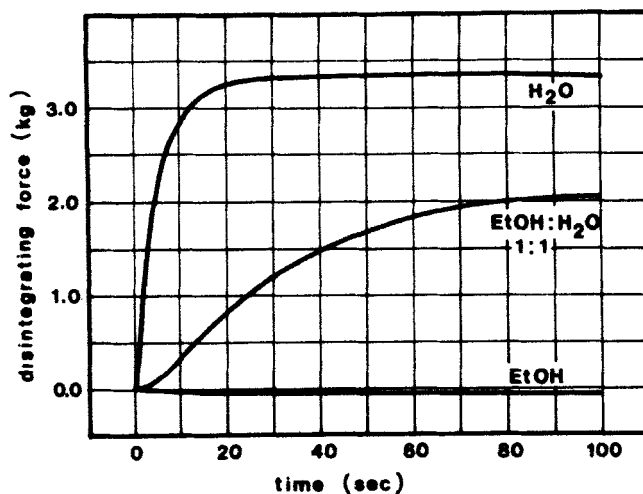


Fig. 1—Disintegrating force pattern in different liquids.

Such a force activation is an essential moment: in fact, as shown in figure 1, tablets rapidly disintegrating in water, when submerged in ethanol, are quickly penetrated by the liquid but do not disintegrate because ethanol does not activate the disintegrating force. On the contrary when the liquid/solid contact is capable of causing a disintegrating force, a direct relationship can be observed between liquid penetration and force development rate. Such a relationship, previously verified by us (1), would indicate among the factors involved in force development those appearing in the Washburn equation describing the capillary penetration process of a liquid, i.e. ( $\gamma$ ) surface tension, ( $\theta$ ) contact angle, ( $R$ ) pores radius and ( $\eta$ ) liquid viscosity. Consequently the mechanisms by which the disintegrating force develops depend on these factors; they may be grouped, on the basis of dynamic considerations, in the following manner:

- a) the pressure exerted by the air entrapped in pores structures due to a hydrodynamic process (2) or to the heat of wetting (3)
- b) the swelling of the disintegrating agent (4)
- c) the repulsion among particles caused by the contact between solid and liquid (5) (6).

This would indicate that the development of a disintegrating force, and therefore a disintegration process, depend on a proper wetting of the tablet.

Such a force develops inside the tablet according to a saturation kinetics expressed by a hyperbolic equation

written in the simplified form:

$$\frac{x}{y} = \frac{x}{y_0} + \frac{b}{y_0}$$

where  $x$  represents the time,  $y$  the force and  $y_0$ ,  $b$  are constants. From the slope and intercept values of the straight line the parameters  $y_0$ , i.e. the maximum force developed, and  $b$ , i.e. the time needed to develop half maximum force can be calculated. The aim of the present work was the evaluation of such a disintegrating force inside the tablet and the definition of the meaning of the above mentioned parameters in relation to the characteristics of the tablet, in particular to the compression force.

For this purpose, the disintegrating force of different tablet formulations has been measured by means of a previously described apparatus (1).

#### EXPERIMENTAL

##### - Disintegrating force measurements

The disintegrating force development was measured using the apparatus previously described (1) and illustrated in figure 2.

##### - Products employed

Different series of tablets, prepared under controlled conditions, were studied. Their compositions are given in Table I.

The tablets were checked for porosity, hardness, disintegration time (USP XIX without disc), water penetration (7) and disintegrating force.

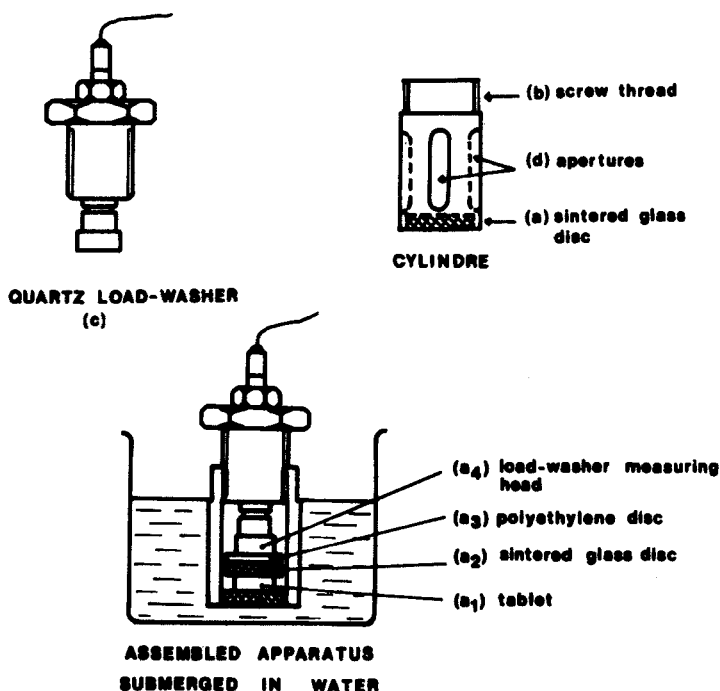


Fig. 2— Apparatus for disintegrating force measurement.

### RESULTS AND DISCUSSION

The example of GRAN series tablets, obtained at approximately the same compression force level, is significant to elucidate the relationship between  $y_0$ ,  $b$  values and disintegration time of tablets: a rapid disintegration process requires the development of a significant force, but the rate at which this process occurs is important too. The examination of Table 2 shows that GRAN<sub>0</sub> tablets, which develop a high disintegrating force (83 N), disintegrate more slowly than the GRAN<sub>100</sub> tablets, which develop a smaller disintegrating force (28 N) but in a shorter time.

TABLE I  
Composition of Tablets ( $\emptyset$  11 mm)

|                      |                             |         |
|----------------------|-----------------------------|---------|
| ASA <sub>5</sub>     | Aspirin crystals            | 0.500 g |
|                      | Maize starch                | 0.025 g |
| ASA <sub>10</sub>    | Aspirin crystals            | 0.500 g |
|                      | Maize starch                | 0.050 g |
| ASA <sub>c</sub> 3%  | Aspirin coated              | 0.500 g |
|                      | Syloid <sup>r</sup>         | 0.016 g |
|                      | Explotab <sup>r</sup>       | 0.015 g |
|                      | Maize starch                | 0.015 g |
| ASA <sub>c</sub> 15% | Aspirin coated              | 0.500 g |
|                      | Maize starch                | 0.075 g |
| ASA <sub>c</sub>     | Aspirin coated              | 0.500 g |
| Avicel               | Avicel pH 101               | 0.075 g |
|                      | Magnesium stearate          | 0.005 g |
| ASA <sub>c</sub>     | Aspirin coated              | 0.500 g |
| Elcema               | Elcema G250                 | 0.070 g |
|                      | Maize starch                | 0.030 g |
|                      | Talc                        | 0.010 g |
|                      |                             |         |
| ASA <sub>c</sub>     | Aspirin coated              | 0.500 g |
| Sta-RX               | Sta-RX                      | 0.100 g |
|                      | Talc                        | 0.010 g |
| GRAN                 | (°) Diluent (granular form) | 0.450 g |
|                      | Nitrofurantoin              | 0.050 g |
|                      | Explotab <sup>r</sup>       | 0.015 g |
|                      | Magnesium stearate          | 0.005 g |
| STZ                  | (x) Sulphathiazole granules | 0.500 g |
|                      | Maize starch                | 0.050 g |

(°) The diluent was obtained by wet granulation of mixtures of potato starch:lactose (7:3) and  $\text{CaHPO}_4 \cdot 2\text{H}_2\text{O}$  in different proportion ranging from 0 to 100%. GRAN<sub>0</sub> means no  $\text{CaHPO}_4 \cdot 2\text{H}_2\text{O}$ . GRAN<sub>25</sub> 25%  $\text{CaHPO}_4 \cdot 2\text{H}_2\text{O}$ , GRAN<sub>50</sub> 50%  $\text{CaHPO}_4 \cdot 2\text{H}_2\text{O}$ , and GRAN<sub>100</sub> 100%  $\text{CaHPO}_4 \cdot 2\text{H}_2\text{O}$ .

(x) The granules were obtained by wet granulating with gelatin solution then slugging, milling and sieving to obtain a 18-70 ASTM fraction.

TABLE 2  
GRAN Tablets Characteristics

|                     | Porosity<br>% | $y_0$<br>N | b<br>sec | USP XIX<br>D.T.<br>sec |
|---------------------|---------------|------------|----------|------------------------|
| GRAN <sub>0</sub>   | 8.4           | 83         | 16"10    | 65"                    |
| GRAN <sub>25</sub>  | 11.2          | 66         | 8"90     | 40"                    |
| GRAN <sub>50</sub>  | 22.6          | 54         | 5"80     | 22"                    |
| GRAN <sub>100</sub> | 24.5          | 28         | 6"79     | 24"                    |

This is in agreement with the results obtained comparing disintegration time and water penetration (12) which evidenced that the water penetration rate rather than the amount of water absorbed influences the disintegration time.

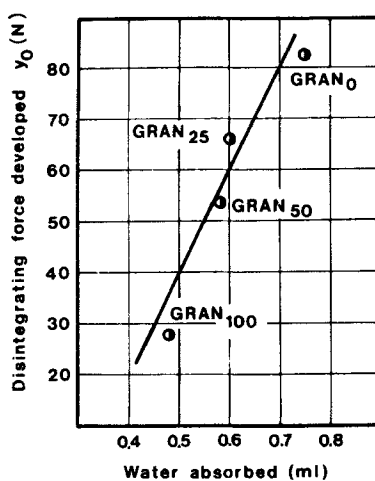


Fig. 3— Relationship between  $y_0$  and water absorption.

The maximum force developed ( $y_0$ ) depends on the quality and quantity of the disintegrating agent and seems to be related to the amount of water absorbed by the tablet: this is particularly evident in GRAN series where the amount of water absorbed decreases together with the disintegrating force developed (Figure 3),

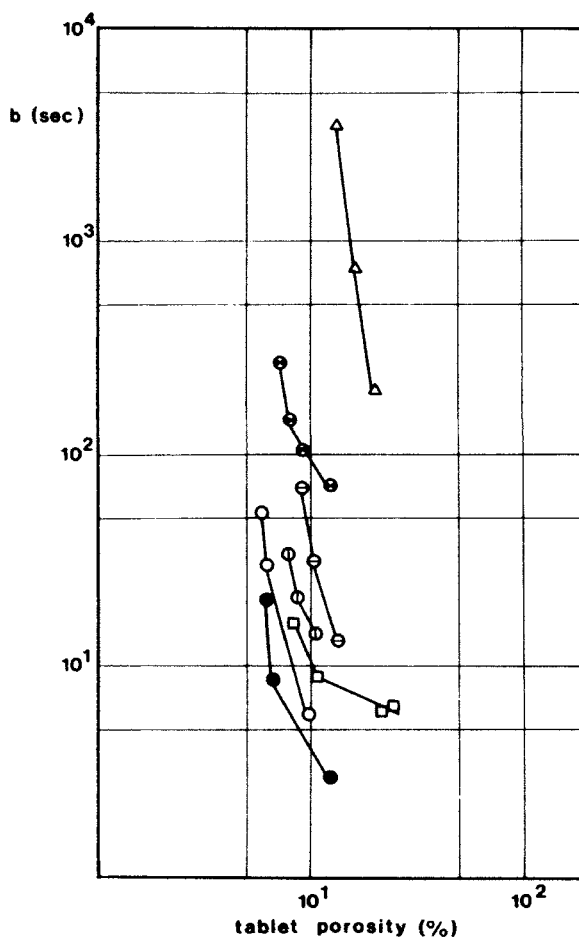


Fig. 4 - Relationship between tablet porosity and b value.

ASA<sub>5</sub> ○ ; ASA<sub>10</sub> ● ; ASA<sub>C</sub> Avicel ⊙ ; ASA<sub>C</sub> Elcema ⊗ ;

ASA<sub>C</sub> Sta-Rx ⊕ ; STZ △ ; GRAN □ .



Following the decrease of intragranular starch percentage from GRAN<sub>0</sub> to GRAN<sub>100</sub> tablets.

The time of the half force development (b) is related to the water penetration rate (1) and increases on decreasing tablet porosity (Figure 4).

TABLE 3  
Characteristics of Tablets Containing Starch or its  
Derivatives

|                     | Force<br>level<br>hN | Hard-<br>ness<br>N | Poro-<br>sity<br>% | y <sub>0</sub><br>N | b<br>sec | USP XIX<br>D.T.<br>sec |
|---------------------|----------------------|--------------------|--------------------|---------------------|----------|------------------------|
| ASA <sub>5</sub>    | 56                   | 30                 | 9.7                | 15.3                | 5"86     | 12"                    |
|                     | 159                  | 65                 | 6.2                | 39                  | 30"05    | 18"                    |
|                     | 310                  | 79                 | 6.0                | 46.5                | 53"77    | 32"                    |
| ASA <sub>10</sub>   | 46                   | 12                 | 12.7               | 18.3                | 3"08     | 6"                     |
|                     | 165                  | 65                 | 6.9                | 46.2                | 8"51     | 8"                     |
|                     | 273                  | 72                 | 6.4                | 66.6                | 22"33    | 12"                    |
| ASA <sub>c</sub> 3% | 79                   | 30                 | -                  | 20.8                | 127"     | 112"                   |
|                     | 148                  | 86                 | -                  | 34.3                | 269"     | 210"                   |
|                     | 245                  | 168                | -                  | 54.9                | 1049"    | 600"                   |
| ASA <sub>c</sub>    | 95                   | 26.4               | 10.7               | 64.7                | 14"      | 13"                    |
| Elcema              | 181                  | 45.6               | 8.6                | 71.6                | 21"      | 19"                    |
|                     | 282                  | 53                 | 8.0                | 74.5                | 34"      | 24"                    |
| ASA <sub>c</sub>    | 93                   | 22.7               | 13.5               | 15.8                | 13"      | 23"                    |
| Sta-RX              | 191                  | 54.7               | 10.3               | 14.7                | 31"      | 105"                   |
|                     | 285                  | 66.3               | 9.3                | 14.5                | 70"      | 187"                   |

The same relationship between  $y_0$ ,  $b$  values and disintegration times holds true also for the other series of tablets, where the compression force level represents the only variable. All the tablets examined, containing starch or its derivatives (Table 3) as disintegrating agents, show an increase in  $y_0$  and  $b$  values on increasing of compression force (except for  $y_0$  values of tablets containing Sta-RX). The increase of  $y_0$  values on increasing of compression force is in agreement with the reports of certain authors (8)(9), according to whom the starch grains swelling is more effective at reduced porosity values. According to some others (12), this is in agreement with the observation that in certain formulations the smaller pore diameter, the greater the capillary pressure developed is. For tablets containing Avicel as a disintegrating agent (Table 4), on increasing compression force,  $b$  value but not  $y_0$  value increases. This indicates that Avicel, a non swelling agent, is capable of developing a disintegrating force (10).

TABLE 4  
Characteristics of ASA<sub>0</sub> Avicel Tablets

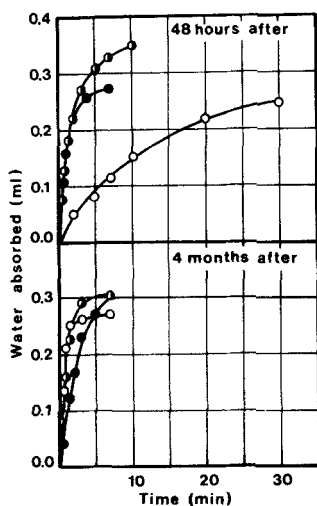
| Force level | Hardness<br>N | Porosity % | $y_0$<br>N | $b$<br>sec | USP XIX<br>D.T.<br>sec |
|-------------|---------------|------------|------------|------------|------------------------|
| 70          | 25            | 12.3       | 42.2       | 72"        | 80"                    |
| 110         | 36            | 9.1        | 43.1       | 105"       | 97"                    |
| 185         | 41            | 7.9        | 42.2       | 146"       | 160"                   |
| 290         | 45            | 7.3        | 43.1       | 275"       | 235"                   |

The possible changes caused in tablets properties by storage may deeply influence the disintegrating force parameters. STZ tablets (Table 5) represent an example of that:  $y_0$  and  $b$  values as well as penetration rate and disintegration time, deeply change after 4 months storage at room conditions.

TABLE 5

Characteristics of STZ Tablets (48 Hours/4 months storage)

| force level | Hardness | Porosity  | $y_0$  | $b$      | USP XIX    |
|-------------|----------|-----------|--------|----------|------------|
|             | N        | %         | N      | sec      | D.T.       |
|             | hN       |           |        |          | sec        |
| 106         | 88/66    | 20.6/22.1 | 17/5.5 | 21"/4"   | 255"/31"   |
| 182         | 167/156  | 16.2/18.2 | 17/4   | 76"/5"   | 2160"/70"  |
| 242         | 206/172  | 13.4/17.6 | 22/1.5 | 384"/10" | 5570"/328" |



- force level  $P_1$  (106 hN)
- force level  $P_2$  (182 hN)
- force level  $P_3$  (242 hN)

### CONCLUSIONS

The joint consideration of  $y_0$  and  $b$  values allows to evaluate the characteristics of the studied formulations and of obtained compacts.

To consider simultaneously the two parameters  $y_0/2b$  ratios were calculated. This value depends on compression force and generally decreases on increasing compression level (Figure 5).

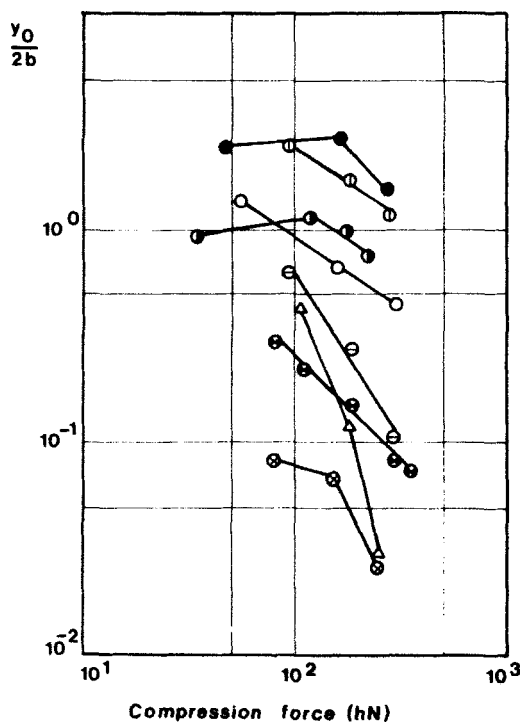


Fig. 5 — Relationship between  $\frac{y_0}{2b}$  and compression force level.

ASA<sub>5</sub> ○ ; ASA<sub>10</sub> ● ; ASA<sub>C</sub> 3% ⊗ ; ASA<sub>C</sub> 15% ⊙ ;  
 ASA<sub>C</sub> Avicel ⊕ ; ASA<sub>C</sub> Elcema ⊖ ; ASA<sub>C</sub> Sta-Rx ⊕ ;  
 STZ △.

For some formulations containing high percentages of starch, it starts decreasing when a certain force level is reached. The disintegration time of tablets depends on  $y_0/2b$  values: as shown in figure 6, the points relative to different tablets are grouped beside a straight line (correlation coefficient 0.968).

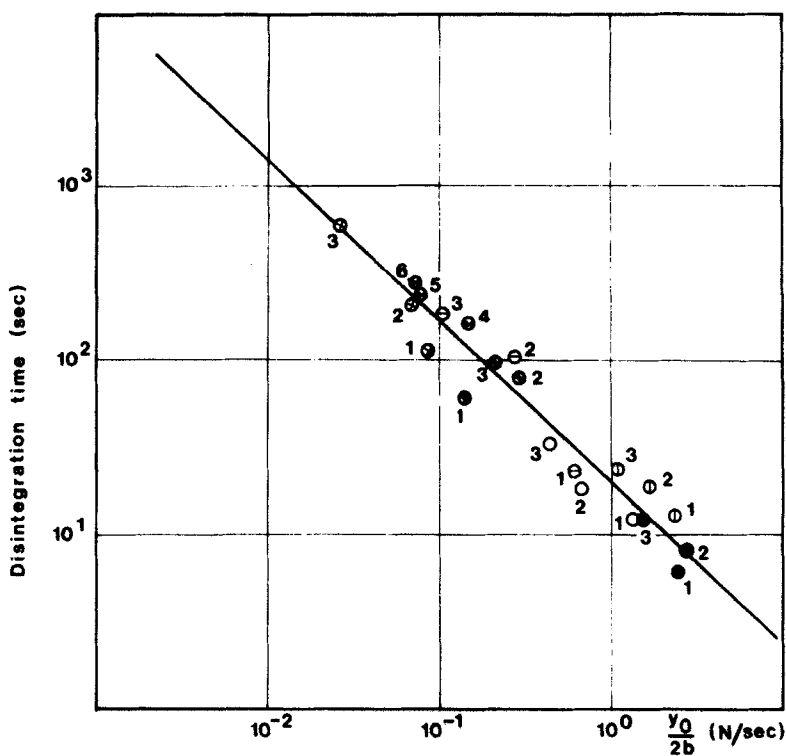


Fig. 6— Relationship between  $\frac{y_0}{2b}$  and disintegration time.

ASA<sub>5</sub> ○ ; ASA<sub>10</sub> ● ; ASA<sub>C</sub> 3% ⊗ ; ASA<sub>C</sub> Avicel ⊙ ;

ASA<sub>C</sub> Elcema ⊕ ; ASA<sub>C</sub> Sta-Rx ⊖. The numbers indicate the compression force levels.

The decrease of  $y_0/2b$  values on increasing of tablets hardness (Figure 7) may indicate that the disintegrating force measurement, as well the hardness measurement, involve the separation of the bonds between particles.

Therefore a new evaluation of a compact disintegration characteristics may be obtained through the determination of  $y_0/2b$  value.

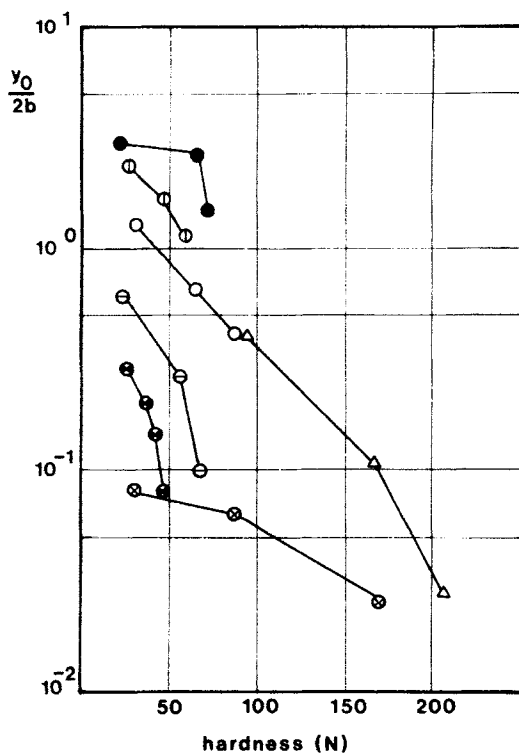


Fig. 7 - Relationship between  $\frac{y_0}{2b}$  and hardness.

ASA<sub>5</sub> ○ ; ASA<sub>10</sub> ● ; ASA<sub>C</sub> 3% ⊗ ;

ASA<sub>C</sub> Avicel ⊕ ; ASA<sub>C</sub> Elcema ⊙ ;

ASA<sub>C</sub> Sta-Rx ⊖ ; STZ Δ .

On the basis of the results obtained for the same formulation, the disintegration time of the tablet seems to depend on  $b$  value more than on  $y_0$  value (Figure 8). This would confirm the Nogami hypothesis and the results reported in (7) according to which water penetration process rather than particles separation determine the rate of tablet disintegration (11).

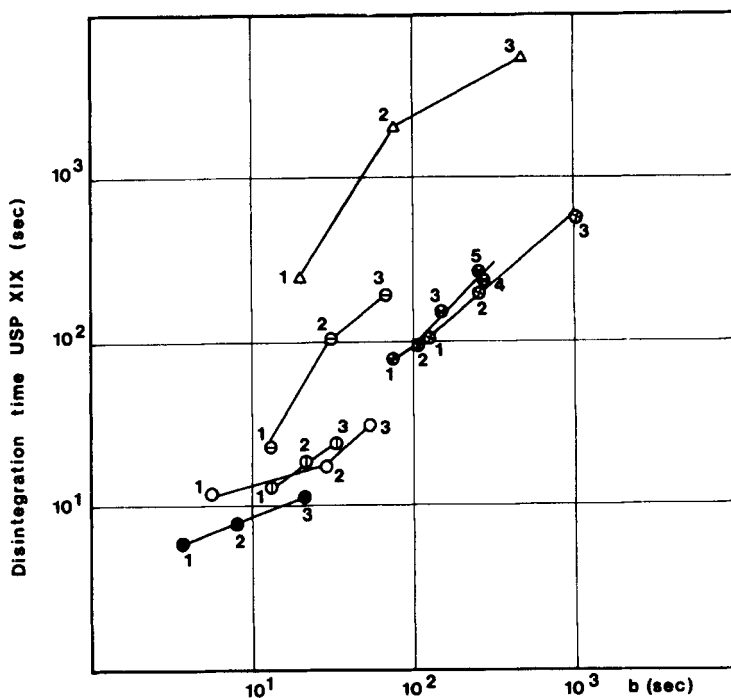


Fig. 8 - Relationship between disintegration time and  $b$  value.  
 ASA<sub>5</sub> ○; ASA<sub>10</sub> ●; ASA<sub>C</sub> 3% ⊗; ASA<sub>C</sub> Avicel ⊕; STZ △;  
 ASA<sub>C</sub> Elcema ⊖; ASA<sub>C</sub> Sta-Rx ⊙. The numbers indicate  
 the compression force levels.

On the other hand, the maximum force ( $y_0$ ) value seems to be related to the result of disintegration process, that is the dimensions of the particles generated. It was observed that tablets showing high  $y_0$  values disintegrate into smaller fragments than those developing low force levels. It would be interesting to confirm this by investigating the relationships between  $y_0$  and the size distribution of particles generated.

The disintegrating force curves may also indicate whether the compact behaves as an omogeneous structure with regard to water absorption. Compacts breaking up into small fragments show reproducible curves, (Figure 9), whereas for tablets showing lamination or formation of large fragments, a great variance in  $y_0$  and  $b$  values (Figure 10) can be seen.

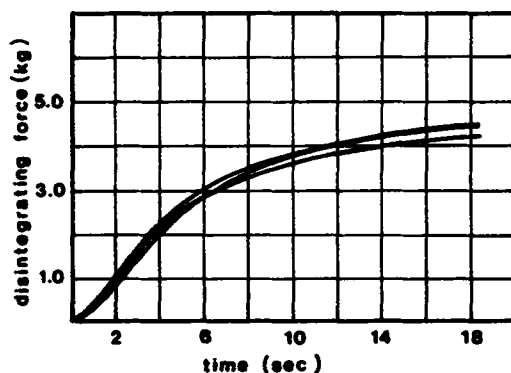


Fig. 9— Disintegrating force patterns of three tablets GRAN<sub>25</sub>.



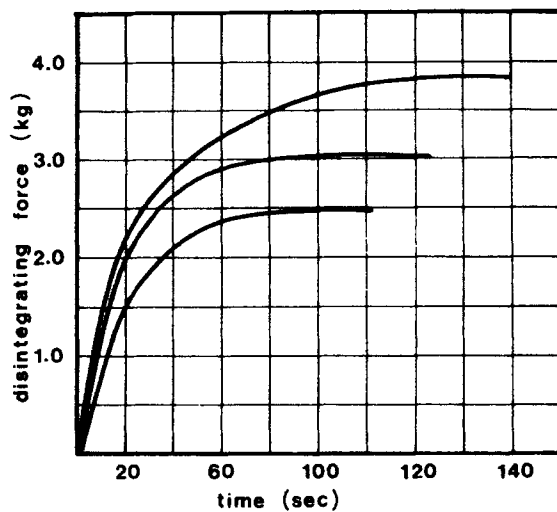


Fig.10— Disintegrating force patterns for three tablets ASA<sub>C</sub> 15% 236 hN.

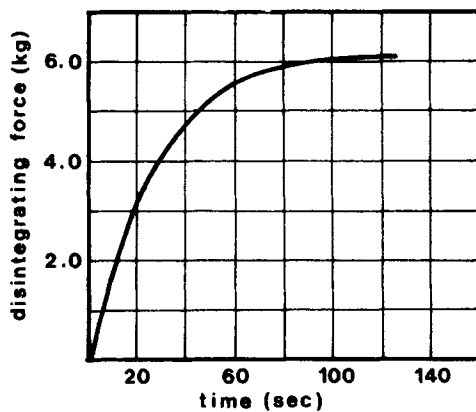
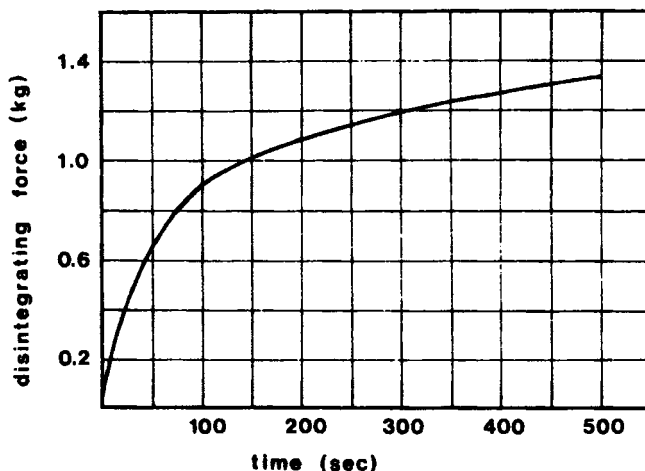


Fig.11 - Disintegrating force pattern of an exploding tablet ASA<sub>C</sub> Elcema



**Fig. 12— Disintegrating force pattern of a tablet undergoing erosion ASA<sub>c</sub> Sta-Rx 285hN.**

Moreover the shape of the curve is different depending on the type of disintegration process: tablets exploding in water give a rapidly saturated curve (Figure 11), while for tablets undergoing erosion, the force saturation is reached in much longer time (Figure 12).

The measurement of  $v_a$  and  $b$  parameters will be very useful to understand the disintegration mechanism.

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